

## UVA DE VIDA Sol del 19



REGION/ ORIGIN	Castilla la Mancha VdIT Castilla	WINEMAKER	Carmen López Delgado
VINTAGE	2019	WINERY ESTABLISHED	2005
VARIETALS	70% Graciano 30% Tempranillo	VINEYARD(S)	Estate — Santa Olalla 3 hectares
ALCOHOL	14.5%	AGE OF VINEYARD(S)	6 years old
FERMENTATION	Stainless steel Indigenous yeasts	SOIL TYPE	Clay & limestone
AGING	24 months	ELEVATION	492 meters
BARREL TYPE/ YEARS IN USE	None	FARMING METHODS	Biodynamic certified (Demeter — 2013)
FILTER/FINING	None	PRODUCTION	20,000 bottles
TOTAL SULFUR/ RS	0 mg/l .39 g/l	HARVEST TIME	Early September

### *Uva de Vida's Motto:*

*To observe from thought, to feel from the heart, to act from will*

*Uva de Vida* is a small, biodynamic farm in the Santa Olalla area of Toledo. Maria Carmen López Delgado started her project in 2005 after she found herself beating a serious illness through realizing that intimate work with the earth and all of its energy, could rejuvenate her own ailments. "If we take care of the earth, we take care of ourselves. Life has given me a new opportunity." Together, with her husband Luis Ruiz, they work in the dry and extreme continental climate of Castilla with 9.5 hectares of Graciano (a fairly rare red grape in Spain, let alone Castilla), and 3 hectares of Tempranillo. Without even the use of copper or sulfur in the vineyard, they have a sincere passion and dedication to keeping their land perfect, in order to produce incredible grapes, situated between cereal fields and Cornicabra Olive groves. Music accompanies the vines and the cellar, in order to move subtle energy around using the gentle vibrations of sound waves. The Mandala image on the label of each bottle is their own complex geometric diagram of their vineyard (at 40° latitude), which outlines these energetic vibrations that are so crucial to their biodynamic farming practices.

*Further label info:* The 8 pointed star references the Arabic & Jewish past of Toledo, which represents the connection between heaven & earth, the stable balance between spirit (cosmic) & matter (telluric). Also, it pays homage to the ancient Mediterranean civilizations that worshiped the sun, which they represented with 8 rays as a hallmark of spiritual realization, representing the sum of all aspiration, a symbol of life that inspires us.

*'These are living wines, capable of influencing our thoughts, our feelings and our actions. They help us to feel free & coherent. They are wines that reach the heart & have their own music.'* — Carmen López Delgado

The *Uva de Vida Sol del 19* comes from both Graciano grapes and Tempranillo, from gorgeous young vines planted on the estate's clay and limestone soils. A natural fermentation in steel tanks took about 18 days to complete, and remained there through malolactic, and naturally decanted for two full years before bottling without any sulfite additions. The nose is dynamic, full of wildflowers, spicy fruits, violets and fresh earth. It leads to a smooth although very fresh palate, with a lovely balance between spicy tannin (from the Graciano), and a silky texture (from the Tempranillo), with notes of cherry, blueberry, and earthy umami. The wine is wild and earthy and ideal for bean dishes, pasta, cured meats, and hard cheeses.